

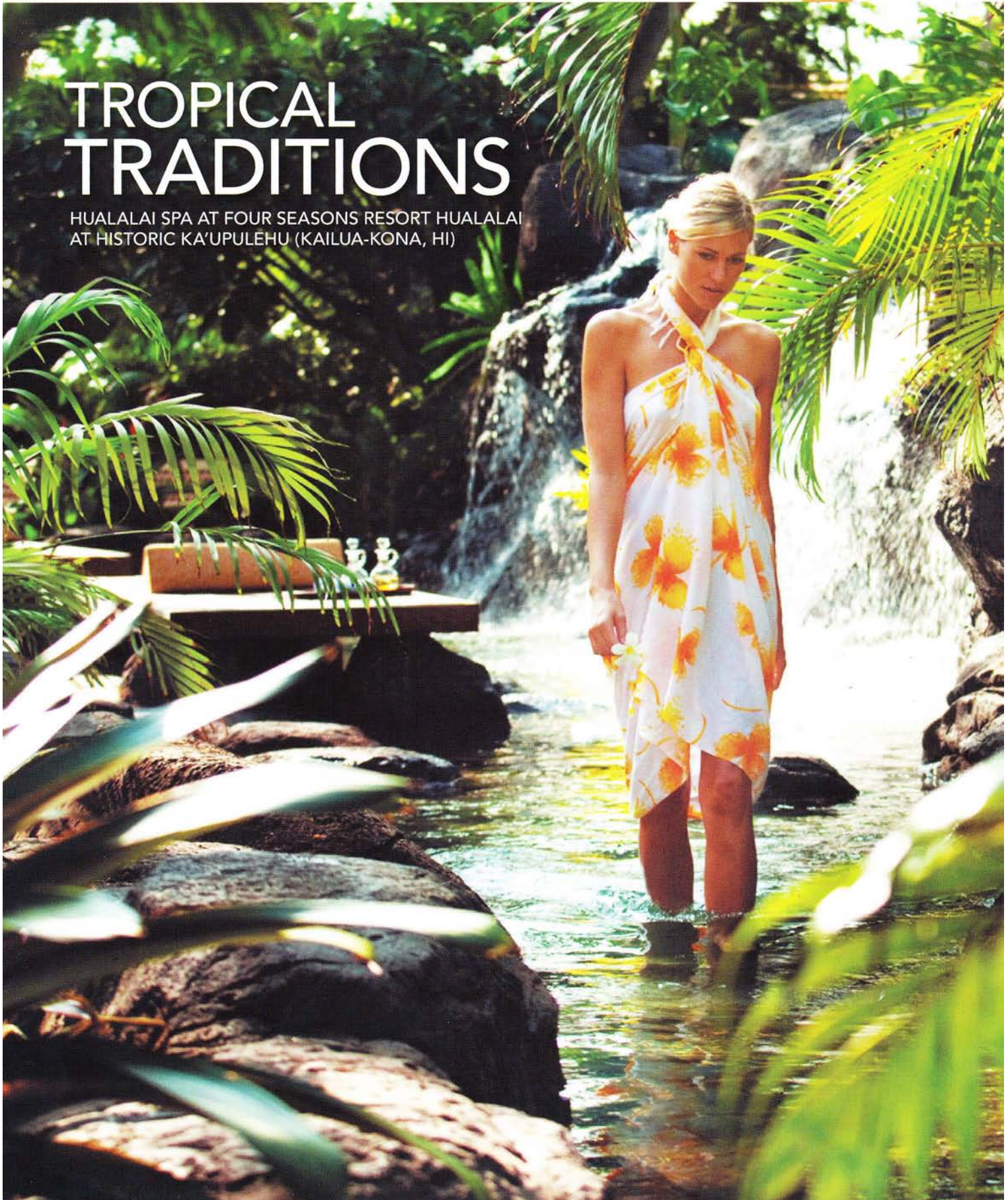
JANUARY 2010

THE SPA PROFESSIONAL'S CHOICE

american spa

TROPICAL TRADITIONS

HUALALAI SPA AT FOUR SEASONS RESORT HUALALAI
AT HISTORIC KA'UPULEHU (KAILUA-KONA, HI)



spa radar

a look at the latest spa trends, offerings, and retail items

hong kong hideaway

Located in The Repulse Bay, a charming colonial-style building, **Sense of Touch** (Repulse Bay, Hong Kong), the fifth and largest spa to date for the award-winning company, draws on references from Hong Kong's storied past to deliver a luxurious and nostalgic getaway. Tasked with developing the concept, design brief, and signature experiences, CatchOn & Company, a brand

continued on page 52

Sense of Touch's lavish treatment rooms create an inviting retreat.

spa radar

continued from page 51

consultancy specializing in hospitality and wellness, took inspiration from the site's legendary location as a seaside getaway since colonial times. The 2,700-square-foot spa features six treatment suites, an outdoor pavilion, and an enclosed private garden. Capturing the exotic flavor of Hong Kong, the menu includes various signature rituals such as Opium (\$166, 90 minutes), an addictive treatment that involves a poppy seed scrub and euphoric massage. The stage is certainly set for an idyllic return to the harbour city's illustrious past.—Heather Mikesell



The spa's outdoor pavilion is an ideal place to unwind.

Safari Spa-ing

Known for its exotic spa offerings, Anantara recently opened its third spa—this one in the heart of Serengeti National Park—in Tanzania. Anantara Spa at Bilila Lodge Kempinski is inspired by the African landscape that so captivated author Karen Blixen in *Out of Africa*. Designed with the landscape in mind, the spa features a laid-back elegance and includes four double treatment suites, one double Ayurvedic room, one double Thai massage room, and a relaxation lounge with reclining beds amid a beautiful garden. A visit to this luxe spa is like taking a trip back in time that will leave guests yearning for the bygone era that Blixen captured so eloquently.—H.M.



Treatment suites feature views of the captivating landscape.

LIFE IN THE SLOW LANE

Eco-conscious spa-goers will want to read Six Senses Resorts & Spas' *SLOW LIFE: Sustainable-Local-Organic-Wholesome Learning-Inspiring-Fun-Experiences* (Editions Didier Millet, 2009) by Kate O'Brien. Reflecting the Six Senses philosophy, it features helpful tips, inspiring cases studies, and analysis on living a more conscious life. From actively reducing our ecological footprint to creating a more sustainable future, the messages advocated in *SLOW LIFE* are in perfect sync with the spa lifestyle.—H.M.

